



Sustainable Green Mountain Neighborhood Newsletter

Your ideas. Your neighborhood. Your home.

City of Lakewood Sustainable Neighborhoods Program

The Sustainable Neighborhoods program gives residents the opportunity to become active partners in making Lakewood a vibrant and sustainable community. Neighborhoods participating in this unique certification program use guidance from City staff to organize workshops, projects and events that enhance the livability of their neighborhood and reduce resident's ecological footprint.

Learn more at:

[SustainableNeighborhood
Network.org/Lakewood](http://SustainableNeighborhoodNetwork.org/Lakewood)

at Dunstan Middle School. The reception of the attendees was very positive, and the energy was incredible. This community event showed that we can come together as a neighborhood and leverage our collective talents to start discussing project ideas to achieve a sustainable future. The Dunstan Middle School Principal praised the active support she sees in our community demonstrated by parent and community participation in our schools. It surely makes us proud to be Green Mountain residents.

Thanks to participation in our neighborhood survey and brainstorming meetings, neighbors provided us with enough information to develop eight initiatives and numerous potential projects. In just a few meetings we've learned that we have very passionate and knowledgeable neighbors from a variety of backgrounds who care about our land, air, water, energy and people. We thank all of you for your support and interest in the sustainability of our neighborhood and look forward to meeting more of you during upcoming meetings, events and projects.

On the following pages, we've included details about our upcoming events and a list of initiatives we are pursuing. We hope you'll find something of interest to you! We are always looking for more people to join teams and share ideas, so if you are interested and would like to do more or would like to see something started that you don't see here, please get in touch with us at

sustainablegreenmountain@gmail.com.



Lakewood Welcomes Green Mountain into the City's Sustainable Neighborhoods Program

Written by: Your Neighborhood Leadership Team

In January, one of our neighbors began to gauge community-wide interest in joining the Sustainable Neighborhoods Program. After a start-up meeting with a core group of volunteers, Michael DeRosia submitted a Sustainable Neighborhoods application for Green Mountain. Our neighborhood was accepted into the program, opening a door of opportunity for us to create a more sustainable Green Mountain. Following acceptance into the program, a survey was developed to determine areas of interest for our neighborhood. We learned that sustainability can mean many things and are continually surprised and encouraged by the creative suggestions from our neighbors.

On June 8, we had a very successful kickoff for the Sustainable Green Mountain Neighborhood

"We learned that sustainability can mean many things and are continually surprised and encouraged by the creative suggestions from our neighbors."

Green Mountain Sustainability Initiatives



WE NEED YOUR IDEAS AND EXPERTISE! JOIN A TEAM AND BEGIN TO MAKE A DIFFERENCE IN THE GREEN MOUNTAIN COMMUNITY TODAY!

Community Outreach: Identify needs in the community and provide donations and/or volunteer assistance to support the health, education and well being of our neighbors.



Projects/Ideas:

- Community donations as requested by JeffCo Action Center
- Participate in fundraising activities in our neighborhood
- Workshops on healthy eating and budgeting
- Walk and talk events

Join the team:

Have your own donation initiative you'd like to share, or to join the team:

Contact Eva Frickle
efrickle@yahoo.com

New Energy Campaign: Promote energy conservation and the use of renewable energy sources throughout the neighborhood.



Projects/Ideas:

- Dark Skies initiative to reduce excessive street lighting
- Light bulb exchange at ACE Hardware
- Energy Audits and Energy 101 education

Join the team:

Michael DeRosia, The Solar Guy
303-596-7656
michael@solarsideup.com
Tenaya McCullough
720-308-8414
tmccullough@solargreen.us

Active Community and Transportation: Improve our health with fun activities and decrease our dependence on cars.



Projects/Ideas:

- Safety for walking, running and bicycling
- Bike clinics
- Walking, biking and running clubs

Join the team:

Jim Maxwell
720-979-8879
mistercolorado@icloud.com

Green Mountain Sustainability Initiatives



Shrink our Waste: Recycle, reduce, reuse and compost to decrease waste in our neighborhood.



Projects/Ideas:

- Workshops on composting (backyard and countertop) and zero waste lifestyle
- Bag-it movie showing
- Available recycling options for Green Mountain residents

Join the team:

Barbara Mills-Bria
303-989-7481
bmillsbria@msn.com

Urban Gardens, BeeSafe and Water Conservation: Make organic produce available and affordable to our community. Decrease water needs while enhancing our neighborhood landscape.



Projects/Ideas:

- Community garden at Dunstan and other local schools
- Front and backyard gardens
- Water-wise project
- Water collection and conservation
- Enhance our environment to protect bees and other pollinators.

Join the team:

Rhonda Peters
720-319-1860
yogascience@gmail.com

Jen Kirksey
303-378-7418
jkirksey@mac.com

Consolidating Trash Providers: Improve safety, decrease traffic, pollution and road deterioration by reducing the number of trash companies in our neighborhood.



Projects/Ideas:

- Talking trash party/picnic
- Identify areas where neighbors would like to consolidate trash providers

Join the team:

Jim Maxwell
mistercolorado@icloud.com

Healthy Green Mountain Ecosystems: Improve our health with fun activities and decrease our dependence on cars.



Projects/Ideas:

- Native plants instead of lawns
- Wildflower and nature hikes
- Enhancing/protecting wildlife habitat

Interested in this initiative?

We are looking for a neighbor to lead this initiative for our community. Email SustainableGreenMountain@gmail.com to see how you can get involved!

Mark Your Calendars!

Upcoming Sustainable Green Mountain Events and Opportunities



Learn the basics! Sustainability 101 Presentation with panel discussion

Aug. 31, 6 p.m. @ GM Rec Center

The Sustainability 101 presentation is intended to provide a general overview regarding a definition of sustainability, some statistics driving the need for sustainability and ideas for saving money and conserving energy and water. The hope is to start additional sustainability discussions, promote new ideas/projects and possibly new teams and to prepare attendees for future workshops.



Join the Ram Nation Team to support the Second Wind Fund community fundraising walk

Oct. 7, 8:30 a.m. to 1:30 p.m. @ Clement Park

Second Wind provides counseling to youth in order to reduce the rate of death by suicide in this vulnerable group. Their youngest client is 4 years old and average age of clients is 14. Together we can help prevent this tragic loss of life. Full details can be found at thesecondwindfund.org/events. Click on Team Rankings to join the Ram Nation Team (Captain: Eva Frickle).

Note: if you're not able to do the walk or run, you can still donate and stay home in your pjs! Early Bird pricing ends 9/8/2017, so register today.

Take the Metro Green Home Tour

Oct. 7, 9 a.m. to 4 p.m. @ Jefferson Unitarian Church

Register at the Jefferson Unitarian Church located at 14350 W 32nd Avenue, Golden. Receive the map, guidebook and take the self-guided tour. Visit each "green" home and talk with the homeowners and volunteers about the green features of each home.



Donate to 'I Support the Girls'

We have partnered with I Support The Girls to collect feminine hygiene products and new or gently used bras that will be distributed to various shelters around the city. Many low income and homeless women struggle to afford what they need each month and ISTG tries to help them maintain their dignity by providing products.

Drop off Sites:

- American Music School at 1180 S Van Gordon Ct.
- 12299 W Connecticut Dr (big blue tub out front)

We are also collecting all sizes of new packets of underwear and socks for Jeffco Action Center.

Drop off Sites:

- American Music School at 1180 S Van Gordon Ct.
- 12299 W Connecticut Dr (big blue tub out front)
- JeffCo Action Center 8755 W 14th Ave, Lakewood (M, T, Th, F: 8:30 a.m.—4 p.m. Sat: 9 a.m.—noon; CLOSED on Wednesday and Sunday)

Stay Informed

Visit SustainableNeighborhoodNetwork.org/GreenMountain

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Facebook.com/SustainableGreenMountain

Contact us at
SustainableGreenMountain@gmail.com